

## 'Breath' Participates at India's Kalkari Festival



A still from Iranian film 'Breath'.

TEHRAN (IFILM) -- Iran's short film 'Breath' has made its way to the 2023 edition of Kalkari Film Fest in India.

The Iranian Youth Cinema Society reported that 'Breath', written and directed by Meysam Mohammad-Khani, will take part in the Indian event.

The film is about the relationship between a girl and her mother as they reunite af-

ter an incident.

The cast members of 'Breath' include Mahmoud Nazarian, Hana Kamkar, Elahe Pourjamshid, Sahar Lotfi, Ariyana Lotfi, Meysam Heshmati, and Bahareh Naqdi.

Kalakari is an event for upcoming artist and thinkers.

The upcoming edition of the festival will take place on March 25.

# Iranian Animation Top Rated Globally

TEHRAN (IFILM) -- Iranian animation 'Dolphin Boy' has so far been screened in five countries.

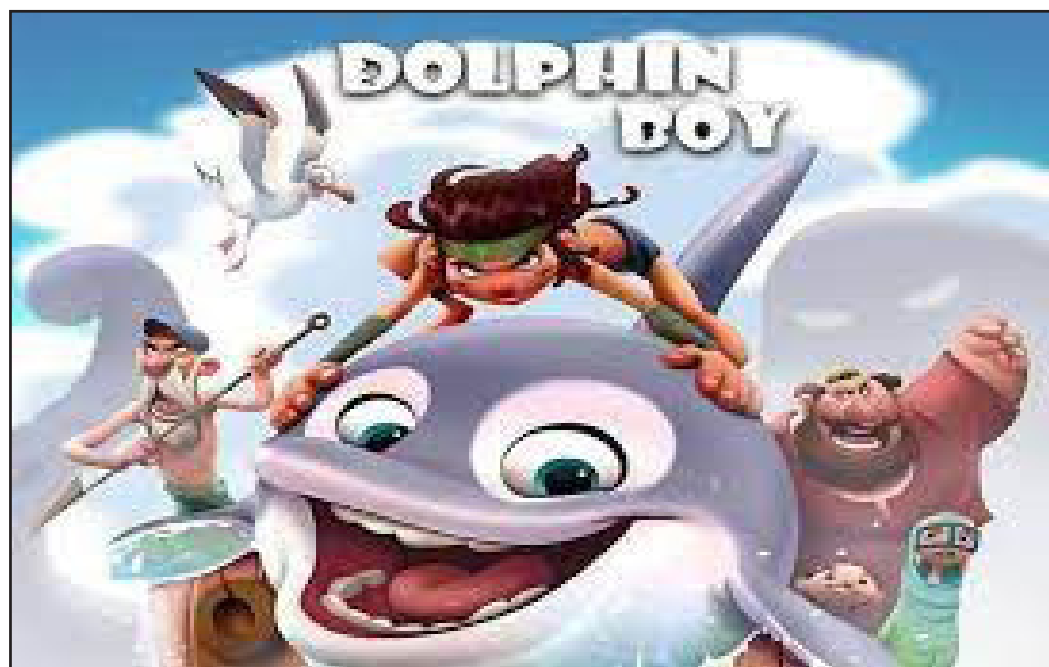
The animated piece produced by Owj Arts and Media Organization is now among the top ten Iranian films being screened worldwide.

'Dolphin Boy' was premiered in Russian cinemas in August and was well received by the audience.

The animation took two years of production.

The film which was previously planned to premiere at the 39th edition of Fajr Film Festival, hit big screens at Iranian cinemas from September 2022.

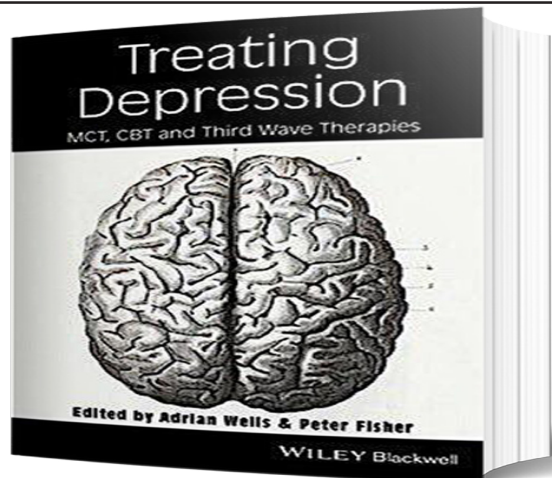
Mohammad-Amin Hamedani, the producer of the film told the media that the crew has also decided to produce a series version of 'Dolphin Boy'.



Mohammad Kheirandish, the writer and director of 'Dolphin Boy' said it was translated into different languages including Russian, Turkish, Arabic and English.

The film is about a boy who survived a plane crash and was raised by dolphins. When he becomes a teenager he embarks on a journey to find his mother.

## Guide to Treating Depression Published in Persian



TEHRAN (IBNA) -- Originally a dissertation on psychology, the book 'Treating Depression: MCT, CBT, and Third Wave Therapies' (2015) by Adrian Wells and Peter Fisher has been published in Persian and released.

The book has been translated into Persian by Hossein Farokhi and Fatemeh Edalatian Hosseini. Arjmand Publishing in Tehran has released 'Treating Depression' in 528 pages.

A practical and conceptual guide to treating depression using both Beckian CBT and the latest, cutting-edge third wave CBT approaches, including mindfulness and metacognitive therapy. It provides an understanding of depression and its treatment and a clear practical guidance on how to use each treatment approach.

Covers CBT, metacognitive therapy, and third-wave behavioural approaches within one volume. Presents the theoretical background and evidence for each approach, and describes application in a clear case study approach which clearly outlines the contrasting features of the treatments.

Includes separate chapter commentaries on the theory and clinical material covered. Internationally renowned contributors include Arthur Nezu, David A. Clark, Rob-

ert Zettle, Keith Dobson, Ruth Baer, Adrian Wells and Robert Leahy.

Adrian Wells is Professor of Clinical and Experimental Psychopathology at the University of Manchester, UK, and Professor in Clinical Psychology at the Norwegian University of Science and Technology, Trondheim.

He is the originator of metacognitive therapy, a highly respected approach to understanding and treating psychological disorders. His publications include 'Cognitive Therapy of Anxiety Disorders' (Wiley, 1997), which has become a benchmark text for therapists and 'Metacognitive Therapy for Anxiety and Depression' (Guilford Press, 2008) the first treatment manual for MCT. He has published more than 200 scientific papers and articles.

Peter Fisher is a Senior Lecturer in Clinical Psychology at the University of Liverpool, UK. He has published over 50 articles and book chapters on metacognitive therapy and cognitive therapy, and is the co-author with Adrian Wells of 'Metacognitive Therapy: Distinctive Features' (2009).

He is a supervisor for the Metacognitive Therapy-Institute and has lectured and conducted workshops on metacognitive therapy nationally and internationally.

## International Pantomime Festival Calls for Entries

TEHRAN (Honaronline) -- The call for the second international pantomime Festival was published.

The call for the second International pantomime festival hosted by Zanjan Province was published. The International Pantomime Festival will be held under the direction of Sasan Qajar. The purpose of holding the festival is to spread the new and different methods of global pantomime.



This artistic event has different sections: the stage section, the environmental section, the selected shows of Iran's pantomime house, the nations and research section. The festival will host artists from July 2 through 6 2023.

Based on the necessary needs assessments and at the same time as the festival, pantomime training workshops and specialized meetings will be held physically during the festival.

## Researchers Find Drug Associated With Symptoms of Schizophrenia

TOKYO (Dispatches) -- In a recent study, researchers discovered that the drug fasudil used in mice reversed two common symptoms associated with schizophrenia.

A team led by the Nagoya University Graduate School of Medicine, in collaboration with Fujita Health University, used fasudil to restore neurons and improve methamphetamine-induced cognitive dysfunction in a mouse model of schizophrenia. They used fasudil to inhibit Rho-associated kinase (ROCK) in model mice with mutations in their ARHGAP10 gene to see if this improved symptoms. They found that treatment restored the density of pyramidal neurons in the medial prefrontal cortex, a part of the brain associated with attention and long-term memory. As a result, mice with methamphetamine-induced cognitive impairment treated with the drug also performed better on visual discrimination tests.

When model mice with mutations in their ARHGAP10 gene are bred, they exhibit symptoms similar to those of human schizophrenia patients. Symptoms include altered spine density, methamphetamine-induced cognitive dysfunction, and activation of RhoA/ROCK signaling.

Genetic vulnerability is generally accepted to be involved in the development of schizo-

phrenia. One of the key genetic factors involved is copy-number variation, a genetic trait in which people have different numbers of a particular gene. In particular, variations in the copy number of the ARHGAP10 gene are associated with symptoms of schizophrenia.



## Picture of the Day



Iranian farmers in the West Azerbaijan province produce apples with top quality unparalleled in the world. Known for their sweet flavor and crunchy texture, these apples are sought after by buyers from all over the globe. Apples from this province are exported to many countries.

Courtesy of IFILM